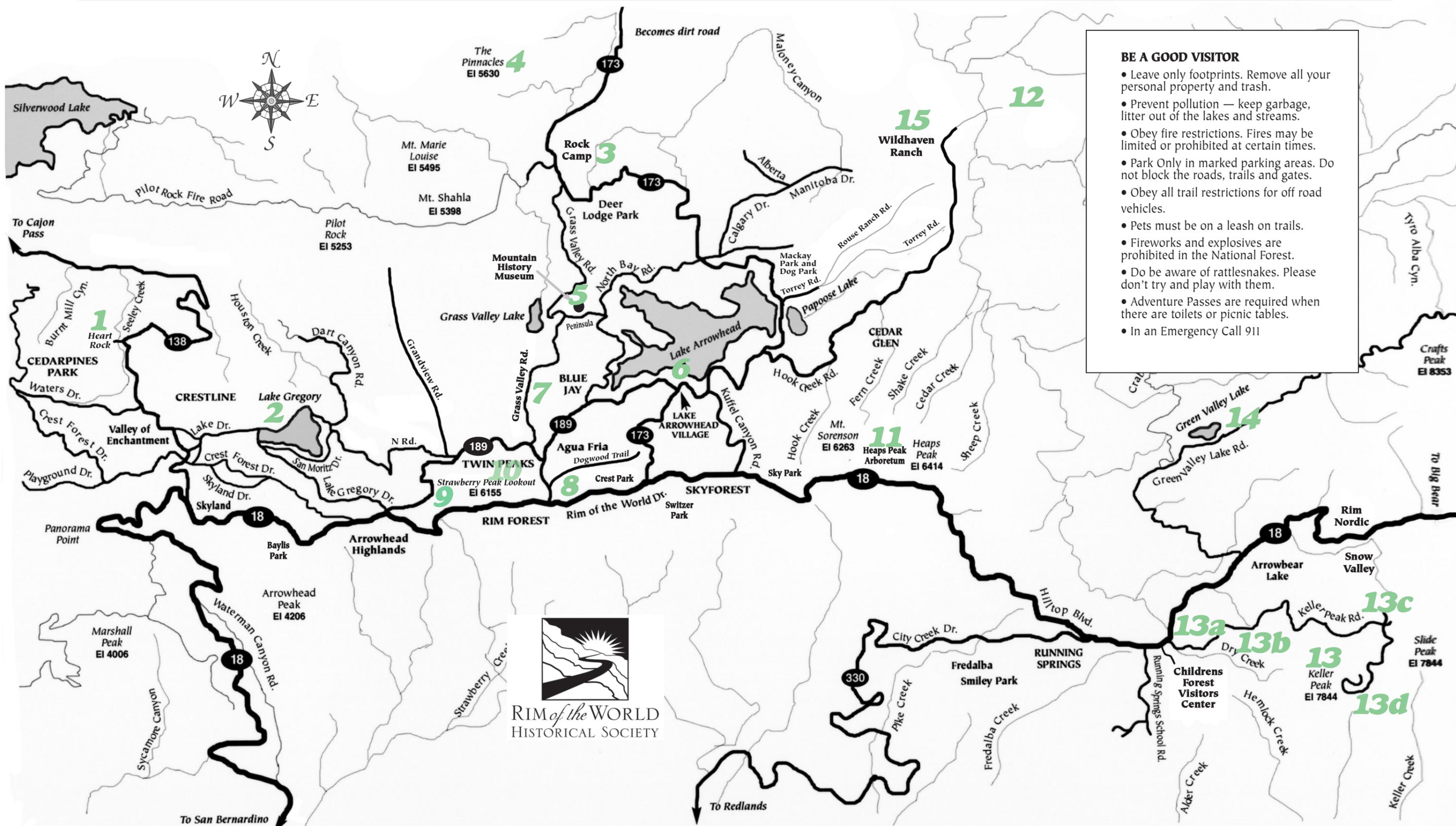


FREE THINGS TO DO FOR A DAY IN THE MOUNTAINS



BE A GOOD VISITOR

- Leave only footprints. Remove all your personal property and trash.
- Prevent pollution — keep garbage, litter out of the lakes and streams.
- Obey fire restrictions. Fires may be limited or prohibited at certain times.
- Park Only in marked parking areas. Do not block the roads, trails and gates.
- Obey all trail restrictions for off road vehicles.
- Pets must be on a leash on trails.
- Fireworks and explosives are prohibited in the National Forest.
- Do be aware of rattlesnakes. Please don't try and play with them.
- Adventure Passes are required when there are toilets or picnic tables.
- In an Emergency Call 911



1. HEART ROCK, SEELEY CREEK – VALLEY OF ENCHANTMENT

1.7 miles, moderate due to the condition of the trail

The entrance is on Hwy 138 outside Valley Of Enchantment, northwest of Crestline. Just before Camp Seeley, there is a small dirt parking area on the left. Start your walk on the road and across the stream. Go through the gate on your right, and you will see the trail along the creek. Carved by thousands of years of water running through the mountains, look for the heart below the trail. Only the very agile should try and climb down to it but you will find spots to enjoy the view.

2. LAKE GREGORY REGIONAL PARK, LOOP TRAIL - CRESTLINE

3 miles, easy

Enjoy the shore of Lake Gregory and watch the birds and fishermen. There is free parking along the streets and the recreational center parking area at the east end of the lake. The west end is a concessionaire run water park, and parking in their lots is not free. On weekends, there is a free nature center in the San Moritz Lodge. A dog park is on the south side and picnic tables are scattered along the trail.

3. METATE TRAIL, ROCK CAMP – LAKE ARROWHEAD

½ mile, easy

Located on the north side of Lake Arrowhead near Deer Lodge Park, the entrance is on Hwy 173 just past the junction of Grass Valley Road. There is a large parking area on the left, but the trail starts across the street in front of a Ranger Station. Pass through the gate and take a leisurely stroll along the meadow. When you see the Women's Club stone monument on the left, start looking for the bedrock mortars that the Serrano Indians from the desert used to grind acorns into flour for baking. The holes you see were worn into the bedrock by their hand held pestle stones. We no longer have the grinding pestles in the area but you will see dozens of mortars.

4. THE PINNACLES – LAKE ARROWHEAD

7 miles, difficult

Just past the Rock Camp area on Hwy 173 is the entrance to a more difficult hike called the Pinnacles. It is a large outcropping of rocks on the left side of the road. You will see a shooting range next door but park in the area marked for the hike. You will see the trail from the parking area. The lower part of the trail is moderate but as you ascend the rocks, it gets difficult and the last part is a rock scramble for those who like a challenge. Do look out for snakes.

5. RIM OF THE WORLD HISTORICAL SOCIETY MUSEUM – LAKE ARROWHEAD

27176 Peninsula Dr., Lake Arrowhead, 909 336-6666

June through October hours: Friday, noon to 4pm; Saturday and Sunday 10:30am to 4:30pm

Relive the rich history of the west end of the San Bernardino Mountains through displays, exhibits, and videos. Learn about the movies filmed and celebrities who lived or visited here as well as the loggers, skiers, and regular folk. Explore the extensive gift shop for vintage photos, history books, postcards and posters.

6. LAKE ARROWHEAD VILLAGE – LAKE ARROWHEAD

Located at the junction of Highways 173 and 189, 2 miles north of Highway 18.

The Village houses an assortment of specialty shops, outlet stores and dining establishments.

The best way to see the lake is to take a ride on the Arrowhead Queen which launches from here numerous times a day. Tickets are purchased at Leroy's Sports.

7. ARROWHEAD RIDGE - LAKE ARROWHEAD

3.5 miles easy/moderate.

The trailhead is on Grass Valley Road between Country Club Road and Clubhouse Drive.

A large parking area on the east side of the street. On your right is a trailhead sign for the Will Abell Memorial Trail. Follow that up the hill and around a loop to return to your car.

8. DOGWOOD TRAIL – LAKE ARROWHEAD

3 miles, moderate

The trail skirts along side of the Dogwood Campground which is a fee parking area for the season, but there is limited parking at the entrance along Daley Canyon Road, just don't block the entrance to the campground. You will see the trailhead on the left just at the gates. It is a lovely forested climb through dogwood trees, pines and oaks. Do stay out of the private residences at the top of the trail. You can return down the trail or go into the campground to walk back on the paved roads. Just don't disturb the campers.

9. STRAWBERRY PEAK LOOP - TWIN PEAKS

1 mile, easy

Located below Twin Peaks on Highway 189. The entrance to the trail is directly across from the entrance to Pinecrest Christian Conference Center. You'll park by the 120 year old stone pillars from the original camp. It is a gentle hike through a diverse forest with a spur trail on the right to a vista overlooking the cities below. Return back to the main trail and complete the loop to your car.

10. STRAWBERRY PEAK FIRE LOOKOUT TOWER – TWIN PEAKS

A short climb up steps to a spectacular view of the valley below to the Pacific Ocean (when clear).

It is manned by volunteers from 9-5 during the fire season. Take Bear Springs Road next to the Antler's Inn in Twin Peaks. Follow up .4 miles until you see a tree on the right with a tower drawing on it. Take the right turn and drive to the end of the paved road staying to the left. The volunteers love to talk and answer questions.

11. HEAPS PEAK ARBORETUM TRAIL – SKY FOREST AREA

Very easy, .75 mile loop

This interpretive trail is located on Highway 18, 2 miles east of Sky Forest. The trail is an easy walk for all ages and takes you on a self-guided tour with 25 points of interest about native plants and wildlife. There are picnic tables for a lovely rest on a hot day.

12. DEEP CREEK, SPLINTERS CABIN – CEDAR GLEN

No set distance, easy to moderate

This is the easiest access point to the Pacific Crest Trail in the west end of the mountains. It is located at the end of Hook Creek Road through Cedar Glen. After the pavement ends you continue along the dirt road staying on the left at the junctions. The road will get rutted toward the end. Finally at the end are toilets and picnic tables. The forest adventure pass is required here. You will see stairs and follow them to the signs for Deep Creek and the PCT. When you get to the bridge you can go north (to the Mojave) or south (to Big Bear), either way is pretty moderate and you go until ???

13. KELLER PEAK – RUNNING SPRINGS, ARROWBEAR

There are 4 main areas to explore.

13a. VISITORS INFORMATION CENTER

Located on Highway 18 one mile east of Running Springs.

It is open in summer on weekends from 9am – 5pm. There are rangers to answer questions and exhibits.

13b. Next is the start of the **EXPLORATION TRAIL – moderate to difficult trail, 9 miles.**

The road to Keller Peak is just past the visitor's center on the right. Drive slowly along Hwy 18 because it is not well marked. If you get to the Valero Gas Station you've gone too far. The trail begins on the right and there are two small areas to park. You also can access the trail at the top end at the Children's Forest where you could leave a car for shuttling.

13c. At the top of Keller Peak Road is the **CHILDREN'S FOREST AND THE TRAIL OF THE PHOENIX**. This was created as a 3/4 mile interpretive loop. It is a wheelchair accessible loop and has Braille signs for the vision impaired visitors. There are some picnic tables for a relaxing view. Toilets are available.

13d. At the very top of Keller Peek Road is a **FIRE LOOKOUT TOWER**.

There is a steep metal ladder to reach the tower but it is well worth the spectacular view of the Southern California mountain ranges and deserts.

It is manned by volunteers from 9-5 during the fire season. The volunteers love to talk and answer questions. There are dozens of hummingbirds who visit all summer.

14. GREEN VALLEY LAKE

Easy, .3 mile walk around the lake

This is a "Hidden Gem" at 7,000 feet. It is reached off Highway 18, east of Running Springs and Arrowbear. Turn left up Green Valley Lake Drive for 4 miles to this small, picturesque lake.

It is privately owned but boat rentals and a swim beach are very reasonably priced. Bring a fishing rod and CA fishing license to try your luck. Free weekend music concerts are throughout the summer. Restaurants and toilets are available.

15. WILDHAVEN RANCH – CEDAR GLEN

A Wildlife Sanctuary and a wonderful nature preserve for rescued animals from our forest.

The staff is incredibly informative and intent on teaching respect for wildlife. Highly recommended for all ages. Tours are available throughout the year on Wednesday, Thursday, Friday and Saturday. Please check their website for details.

www.wildhavenranch.org or 909 337-7389

ADDITIONAL ACTIVITIES

PICNICS

Audrey MacKay Park – and Dog Park – Lake Arrowhead

Baylis Park

Switzer Park

MOUNTAIN BIKING

Sky Park at Santa's Village

Rim Nordic Ski area (mountain biking in the summer)

Snow Valley Mountain Resort

WATER SPORTS

www.lakegregoryrecreation.com